

## HEALTH KITS NEEDED NOW For Haiti

First United Methodist Church is collecting supplies needed to assemble health kits to be sent for immediate distribution to the relief effort in Haiti. Health kits provide basic necessities to those affected by natural disasters or human conflict.

Each health kit contains:

- \* 1 hand towel (15" x 25" up to 17" x 27", No kitchen towels)
- \* 1 washcloth
- \* 1 comb (large and sturdy, not pocket-sized)
- \* 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- \* 1 bath-size bar of soap (3 oz. and up)
- \* 1 toothbrush (single brushes only in original wrapper, No child-size brushes)
- \* 6 adhesive plastic strip sterile bandages
- \* \$1.00 to purchase toothpaste

All items included in kits must be NEW items.

## How can you help?

Please bring **individual supplies** to:

First United Methodist Church

305 E. Anapamu St

Santa Barbara, CA 93101

805-963-3579

Items will be accepted until noon **Sunday, January 31.**

The kits will be assembled and packaged that afternoon, and then sent to UMCOR (United Methodist Committee on Relief) for immediate distribution.

UMCOR is working with partners, Action by Churches Together, Church World Service, Global Medic and the Methodist Church to respond effectively to the people of Haiti after this devastating earthquake shook the nation's capital, Port-au-Prince on Jan. 12. Haiti is often referred to as "the poorest of the poor." These kits will go to help the people of Haiti.